



2237 Yellow Smoke Road, Denison, IA 51442 www.paradocs.care/discgolf
 NAME GROUP DATE TIME °F (mark each 20 bonus paces taken with +)

Throw Type									
/-\>OST_.x									
+ Bonus									
# Disc ID									
Basket	1	2	3	4	5	6	7	8	9
Feet	420	460	700	300	220	200	400	350	512
Elevation	+12	+ 9	-80	-35	-21	+20	0	0	+25
Par	4	3	4	3	3	3	3	3	4
Wind ↓↑									
Comment									



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 NAME PRACTICE MATE DATE TIME °F Wind ↓↑ Area BEACH _____

Learn to lay out practice marks.
 Use 20 paces to equal about 50ft.
 Lay out quickly but consistently.

Results: v=In -=Short +=Long <=Left >=Right *=Metal ^### Drive feet

Putts: .=Any .S=spin .P=push .H=hybrid .T=turbo .J=jump Throws:
 /=Hyzer -=Flat \=Anhyzer >=Turnover 0=Roller S=S T=Thumber _=Forehand x=Penalty

Putts up hill: 30ft 20ft 15ft 10ft 5ft
 Putts level: 40ft 30ft 20ft 15ft 10ft 5ft

Drives: across 550ft right 390ft left 230ft center 82ft

Player:
 Game H O R S E H O R S E H O R S E H O R S E H O R S E H O R S E

Always supervise children. Enter the course at a tee. Don't throw when other park users are in range. Look! Wait! Yell to warn! -----	Throws: Hyzer Flat Anhyzer Turnover Roller S Thumber Forehand Putt Penalty ----- Nature is better looking without the trash cans. Carry in -- Carry out Pitch in, help our course. ----- Golden rule of Disc Golf: RESPECT the course, other players, their happiness, property, and their discs. ----- Split your group into four of five players at most.	Stay behind the thrower. The player furthest from the target throws first. ----- At a tee, if there is a faster group coming up let them "play through." ----- Stop, watch while others are throwing or putting. Point out discs and help others find their discs. Don't brag, put others down, or be boisterous. Remember, YOU represent the sport of disc golf.
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