

# Franklin D. Roosevelt State Park

## Disc Golf Course

Yorktown Heights NY

**Disc Golf** is played like traditional golf using a flying disc or "Frisbee"

**Object:** have fun and play the course from beginning To end in the fewest throws.

**Safety & courtesy:** do not throw until other players in front of you have completed the hole. Be aware and courteous of other groups who may be Teeing off or putting.

**Tee off:** tee throws must be released from within the designated tee area. Your **Lie** is the spot where the disc lands.

**Throwing order:** After the tee throw the player whose lie is farthest from the basket throws first

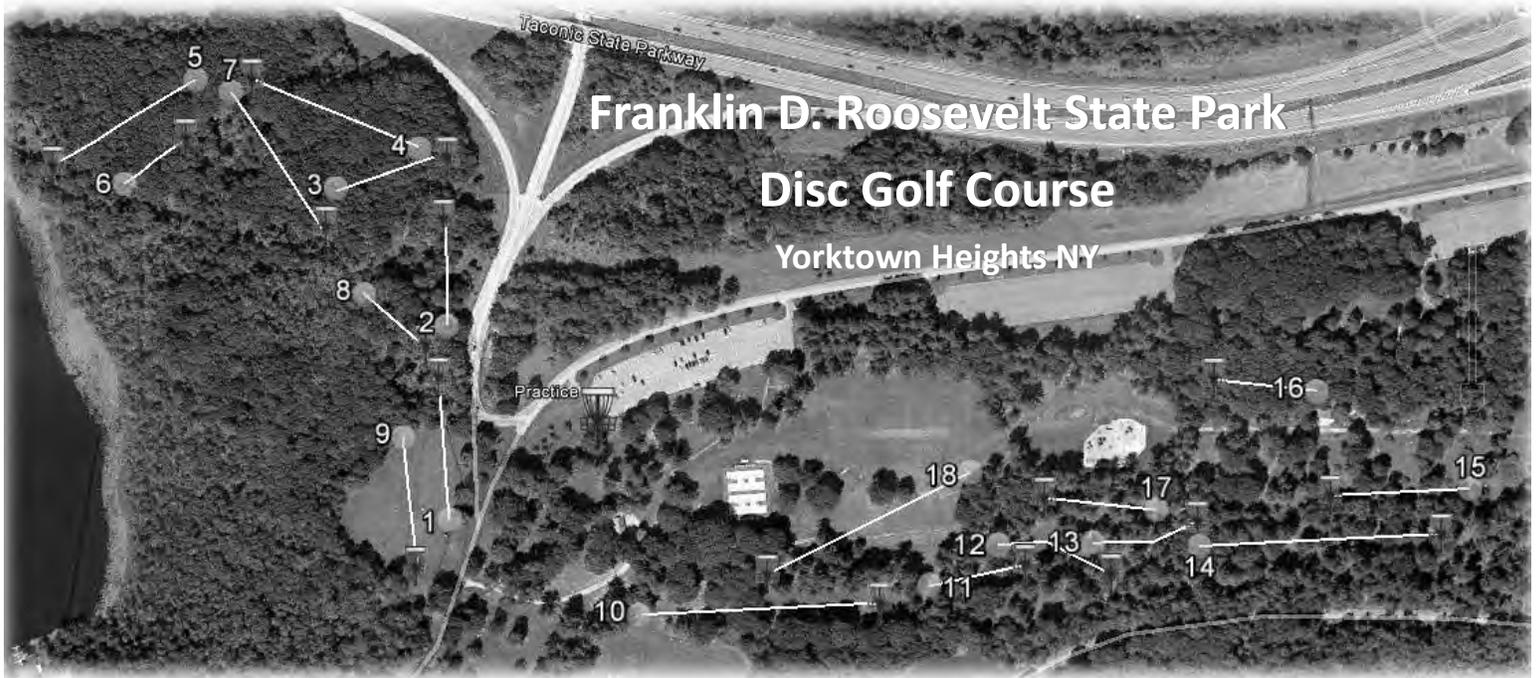
**Fairway throws:** must be made from lie position. A run up and follow through is permitted.

**Putt:** within ten meters of the basket, a player may not step past lie when attempting a putt throw.

**Completion of a hole:** the hole is completed when the disc is in the basket or supported by the chains.

**Course rules:** please keep our park and course clean. FDR State Park does not collect litter from the course. If you brought it in, carry it out. Don't burden the volunteers who created and maintain this course with the task of picking up your garbage.

**Enjoy your round of disc golf!**



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