

## Course Notes

### Palmyra VA *Pleasant Grove*

#### Navigation to the next tee:

- 3 to 4- a long walk on a meandering path through the woods
- 8 to 9- from the basket walk 40 ft to a T intersection at the trail. Turn RIGHT, then wind up the hill to the tee, on the left.
- 12 to 13- The new preferred path is the simplest. On the line of fairway 12 walk 300 ft (100 paces) past basket 12 but veer slightly to the right, and you will get there. OR, you could turn right to get back to the walking trail, turn left, go 195 ft (65 paces), and then turn Left to the tee
- 13 to 14- walk 100 ft up the grass path until you get to a 4 way intersection with a hiking trail. Stay straight. (You will see 17's basket on your right.) At the T intersection, turn LEFT and tee 14 will be on the right.
- 14 to 15- follow the path and cross over a trail
- 15 to 16- from basket 15 go 200 ft straight up a small path in the trees; don't turn on any intersecting paths.

#### Elevation changes:

- 15. Down -15 ft then up +18 ft for +3 ft net gain
- 17. Up +3 ft then down -3 ft for a net 0