

Sycamore Rd



GSC HIGH ADVENTURE DISC GOLF COURSE



	1	2	3	4	5	6	7	8	9	Total
Length (ft)	230	236	163	263	135	252	216	311	476	2282
Par	3	3	3	3	3	3	3	3	4	28

Course Courtesy

- Remain quiet and avoid unnecessary movements while others are throwing-Remove disc from Disc Pole Hole® after completing the hole.-Help new players learn the rules-
Allow faster groups to play through when possible-Pick up trash and put in proper receptacles- .Do not alter the course (trees, bushes, etc.) in any way.

. Basic Disc Golf Rules

- One stroke is counted each time a disc is thrown and each time a penalty is incurred.
- A 1 stroke penalty is incurred when a players' disc goes out-of-bounds or in a water hazard.
 - The object of disc golf is to acquire the lowest score.
 - Tee throws must be completed within the designated tee pad area.
 - Your lie is the spot where your previous throw landed.
 - Your lie can be marked with a mini or by simply turning over the thrown disc.
 - You must throw from behind your lie but can follow through and step over your current lie.
- Once your lie is within 10 meters of the basket, you must maintain balance and not step over your lie until the disc comes to rest inside the basket or target.
 - A hole is completed when your disc comes to rest inside the basket or target.