

With rolling hills, wooded paths, and rippling streams feeding into our serene lake, the disc golf course at South Mountain offers a wide variety of challenges for players of all skill levels in one of the most beautiful settings around.

- The course is designed to be played either as a full 18-hole experience, or as a quick 9-hole short course.
- Restrooms are available near the first tee.
- Cost is just \$2 per person to play all day.

Rules for Recreational Play

Tee Throws

Tee throws must be completed within or behind the designated tee area. Do not throw until the players in front of you are out of range.

Throwing Order

After teeing off, the player whose disc is farthest from the hole always throws first. The player with the least amount of throws on the previous hole is the first to tee off on the next hole.

Fairway Throws

Fairway throws must be made with the foot closest to the hole on the spot where the previous throw has landed (the lie). The other foot may be no closer to the hole than the lie. A run-up and normal follow-through, after release, is allowed.

Completion Of Hole

A disc that comes to rest in the basket or chains constitutes successful completion of that hole.

Un-Playable Lie

Any disc that comes to rest above the ground is considered an un-playable lie. The disc must be thrown from the ground, directly underneath the un-playable lie.

Out Of Bounds

A throw that lands out of bounds, must be played from a point 3 feet in bounds from where the disc went out of bounds.

Course Courtesy

Please pick up trash and help new players play by the rules. Be courteous to other Camp guests, and refrain from entering buildings other than restrooms.



RED DIRT DISCS

of North Carolina

Disc Golf Equipment
Course Design

DALE SOLLARS
723 SMITH GROVE ROAD
FOREST CITY, NC 28043
828-245-3320



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S & P Land Services

www.splandservices.com

4316 Weddington Road
Monroe NC 28110
704-283-1658
colby@splandservices.com



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